



INTEGRITYSOURCES

Hania Gorski

Invitation to the Systemic Constellations Workshop:

Healing Movement towards Happiness and Success in Life

The Systemic Constellation Work (SCW) explores what are roots of our issues and existing negative patterns in life – to bring a healing movement towards happiness and success in Life.

The process at the workshop is focused on finding solutions to the issues by finding what was disconnected, disordered, and separated in our system of relationships in the past and in the present; by looking at our family system - our primary system of belonging.

What is exactly the nature of issue? It could be described as block, a disruption, a dis-order opposite to a natural order. An issue is like obstacle for a person to feel happy, satisfied, fulfilled and peaceful – in any area of life.

Finding roots of obstacles in order to transform them, bringing order to recognized dis-order – is a way to make space for happiness and success in life. From this perspective – success in private life is also inseparable from success in work and business.

Why you might attend

Systemic Constellations are particularly useful in a wide range of issues when people feel **stuck**, and when other attempts to find a solution have failed. These might include repeated patterns of making certain types of decisions in life, facing ongoing relationship difficulties, and work or chronic health issues.

Examples:

- ✓ issues in relationships - with partner, parent(s), children or with other important people from within the family or beyond it.
- ✓ personal issues (such as, a lack of success in achieving work or personal goals.)
- ✓ health issues (Systemic Constellations explore possibly underlying systemic entanglements)
- ✓ organisational systemic issues (in the workplace or in the community)

Systemic Constellation Work could be seen as a short-term but powerful intervention tool to explore an issue and bring a solution, sometimes more effective than other methods.

Ph. 0400 225 357 Fax: 03 9923 6695 Email: haniagorski@gmail.com

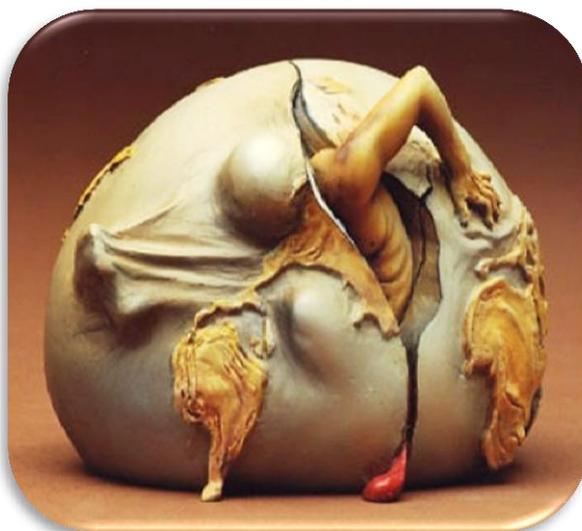
What you might expect at the Workshop

Systemic Constellation Workshops (**SCW**) offer fresh and deep insights into practical ways of achieving greater well-being and of solving persistent issues.

The Workshops are facilitated by **Hania Gorski** - an experienced psychologist and highly trained SCW facilitator who will offer constellations to enquiries/issues presented by a participants. The process starts from gathering brief information, and then to setting a representation of the presented issue. The dynamic process of setting up the constellation brings more understanding of underlying systemic entanglements, and allows (in most cases) to re-arrange the configuration of the issue in order to make resolution or to ignite a further process of resolution.

The workshop participants are invited to present with enquiries/issues, but they also might choose to participate only as observers. The conscious presence of all participants is essential to create space and energy to make the work effective. Quite often some insights and solutions are initiated by simple participation, creating a unique group process.

At all times, privacy and confidentiality are well protected.



- ✓ **About Hania Gorski** and other information: www.wholerelationships.com, au.linkedin.com/pub/hania-gorski/20/75/5b9/ ; www.familysystemic.com
- ✓ **Registration/RSVP:** Please email haniagorski@gmail.com

Ph. 0400 225 357 Fax: 03 9923 6695 Email: haniagorski@gmail.com